

# Message from the Board

Beach vacation, Ice Cream, and BBQ...what month do you think of when you hear all of this....July! It's the midway point in the year, and half of America is celebrating its Independence.

With keeping fun in the sun in mind, we want to remember to use sunblock with a SPF of 35 or higher, stay HYDRATED, we must also remember that COVID-19 is still here so we want to continue to keep our hands washed, stay at least 6ft. away, use hand sanitizer with at least 60% alcohol, wear a mask, and if possible get vaccinated and get your booster.

It's important to remember you can still have fun while being safe!

## UPCOMING CLASSES FOR JULY 2022

#### **Preventative Health & Safety**

Deadline to Register July 13th

July 14th - Register for Part 1&2 July 21st- Health & Safety (Part 2) (6pm-8pm)

### **CPR & First Aid / BLS**

Deadline to Register July 7th

July 9th - Register for Part 1 & 2
July 16th - CPR & First Aid / BLS Skills
Demo (Part 2) (9:30am-11:30am)

#### **Providers for Quality Child Care Contact Information**

Website for info/register for classes: www.Providers4QualityChildCare.org

Email: Providers4QualityChildCare@gmail.com

Join our Facebook Community: @providers4QualityChildCare



Everything good, everything magical happens between the months of June and August. *Jenny Han* 

### ~Summertime Activities ~

- •See a movie at the drive-in
- •Blow bubbles
- •Play tag, hopscotch, or one of your favorite childhood games
- •Play miniature golf
- •Build a sandcastle at the beach
- •Pick berries and peaches at a farm
- •Buy a Creamsicle from the neighborhood ice cream truck
- Roast marshmallows over a fire and make s'mores
- •Make lemonade from scratch
- •Eat corn on the cob
- •Eat a slice of watermelon
- •Buy fresh produce at the farmers' market
- •Nap in a hammock
- •Have a picnic in the park
- •Sit on a porch swing
- •Stargaze while lying in the grass
- •Watch the sun set from a beach
- •Bring a blanket and lie on the grass at an outdoor concert